



**Wellness and Prevention Section**

**Location: MS Teams**

**Monday, February 6, 2023**

**2 p.m.**

- **Welcome/Introductions-** Megan Hauser/All
  - Ashley Motley, Amber Tabarinni, Ayisha Razzak-Ellis, Jared Belk, Charla Brandon, Ashley Rink, Wendy Growcock, Angela Wood, Julie Gooding, Stanley Howard, Stephanie Starr, Meghan Frederick, Trish Hipgrave, Donna Hill, Matthew Mano, Karina Romero, Cydney Herring, Stephanie Todd, Joy Nolan, Mary Perez-Baldwin, Lindsey Sullivan, Mikayla Williams, Kira Frawley, Savannah Johnston, Martina Sconiers-Talbert, LaShonda Richardson, Phyllis Barnette, Janna Blue, Kelly Joyner, Maury Castillo, Katrina White, Katia Vanderhorst, Ivey Robinson, Regina Harper, Megan Hauser, Rhonda Mushaw, Kendra Faries, Sanquis Graham, Kathie Cox, Sarah Kane, Delores Nobles, Samantha Combs, Janzen Jones, Travis Greer, Kristyn Wynn, Malkia Rayner, Emmanuel Quenum, Shenell Little
- **Fall Educational Conference, theme and sessions-** All
  - Megan shared the list of topics suggested at our Fall Educational Conference business meeting: sustaining work, Teen Pregnancy Prevention Initiative, opioid settlement (update/panel), reproductive care (how to navigate), HIV/STI, correctional health, Healthy Communities/ advancing equity, language (ex- harm reduction), farmworker/farmer mental health, implement what you are learning at conference, what programs work/challenges/barriers, Community Health Improvement Plan/Results-Based Accountability.
  - Additional topic suggestions for 2023:

- Julie mentioned that NC Citizens for Public Health has prioritized addressing gun violence and its effect on communities. She mentioned how TPPI worked with DSS, mental health, etc. She expressed the importance of having public health as part of gun violence discussions. It is also necessary to address the Social Determinants of Health.
- Kathie echoed concerns about gun violence concern and brought up the question of how public health addresses it. We must address mental health and work with youth. Scotland County signed a gun violence prevention letter.
- Katrina echoed gun violence concerns. She also offered the idea of considering platforms with the most law enforcement involvement, such as opioids. Both are public health risks.
- Kathie suggested weekly reminder with poll to encourage member input for FEC sessions. When giving session ideas, let Megan know of any speakers, organizations, fees, etc.
- Tobacco 21- This is a focus area of the NC Alliance for Health. Morgan and Jim Martin were mentioned as contacts.
- New Healthy Communities AA- It would help to hear from counties implementing various strategies/barriers, Megan will reach out to Ryan Ward.
- Results-Based Accountability/Clear Impact Scorecard
- Kathie- health educators do a lot of outreach and it would help to hear what others do. What impact are we having? How can we have a better impact and get people on board? Kendra suggested event planning 101. Also, different ways of learning and how to incorporate into outreach, marketing to the right audience, where to find community champions.
- Julie- Medicaid expansion
- LaShonda mentioned engaging people at events. Her community conducted a diabetes awareness month event and found social media helpful tool for engagement. Intentionality about your topic and where you'll be at the fair are helpful pieces to include. She also suggested using platforms to engage different types of audiences.

- Awards and Scholarships
  - It's time to start thinking and nominating. Kathie encouraged the group to regularly submit applications. Julie echoed this for NC SOPHE.
  - Megan encouraged members to apply for scholarships, such as the associate/technical/certificate (helpful in pursuing CHES® or CPH).
- Treasury report- Katrina shared that the most recent report showed \$5407.89. The final balance was \$5340.11 after FEC speaker expenses. Section dues were applied to our account also.
- **Upcoming events and observances-** All
  - National Public Health Week, National Minority Health Month, Child Abuse Prevention Month, STD Awareness Month in April
  - Teen Pregnancy Prevention Month, Mental Health Month in May
  - Health fair in Tyrrell County from 2-5 on April 11 at Tyrrell Hall
  - Haywood County has a Med Assist event on March 10
  - Wendy mentioned a MAT and primary care education event in Stanly County on March 4. This is at Pfeiffer University. Health care staff and addiction medicine will be present. She has a flyer to share.
  - The Eastern District NCPHA conference is in April in Nags Head. This is a smaller version of NCPHA and a health education section and speakers.
- **Next meeting:** May 1, 2023, 2 p.m.